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R. A. Christian

admitted March 31. 1814

Chronic Inflammation of the  
Stomach.

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## Chronic Inflammation of the Stomach

The numerous and important connections of the stomach, its situation and functions, render it extremely liable to morbid derangement. Accordingly we have a very extensive Catalogue of diseases, having their seat in that important organ. In fact, even diseases that were formerly considered entirely unconnected with it, have, by more recent observations, been incontrovertibly proved, to have their seats entirely there, producing their effects, on other systems of the body, entirely through the medium of sympathetic action.

To this enormous Catalogue of gastric diseases there is another, to be added, which, though frequently met with by every one, I believe, has never been described by any writer, and the credit of having first brought it into notice, is due to Dr. Chapman. From the hints thrown out by the professor in his lectures on this subject, my attention was first directed to the disease, and although the short period that my senior class here necessarily prevents my observing many cases



cases of it, yet the few that I have seen, have been sufficient to convince me, that its occurrence is by no means uncommon.

The disease in question is a slower chronic inflammation of the stomach. It occurs most frequently in miasmatic situations, being, I believe, frequently the result of Biliary, Remittent, and Intermitting Fevers. It attacks generally persons of delicate habits, and very often those who from their peculiar conformation, seem particularly predisposed to Pulmonary Consumption. I have seen one family, in which three seemed to be a predisposition to the disease, most of the members being affected with it soon after they arrived at the age of Puberty.

*Symptoms.* The symptoms of this, like other gastric affections, are numerous, and very much diversified. In the most inured is the chain of sympathies arising from the stomach, so intimately is it connected with every part of our structure, however remote, that in the diseases of that organ most of them become affected, and present to us some symptoms of derangement.

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The disease is generally attended with a constant obtuse pain, and sensation of heat in the region of the stomach, great restlessness, and a slow fever, which is attended with a hot, dry and constricted skin, a dry and hacking cough, hurried respiration, a white and dry tongue, and a pulse frequent, chorded and small. As the disease advances, these symptoms are aggravated, and numerous sympathies being are felt in different parts of the body. - The head is much affected throughout its whole course, the patient is perpetually tormented with a dull pain, shooting pain over the eyes, and the eyes themselves are not infrequently affected with the same kind of pain. These symptoms are always increased when substances are taken into the stomach, particularly if they require digestion, or the stomach be disturbed by them. We also have, numerous pain about the neck, shoulder, and thorax shifting very frequently, their situation. Sometimes they are seated in the right side, but much more frequently, in the left, extending to the shoulder.

In addition to these symptoms, the patient is particularly sensitive to the least variation in the state of the atmosphere.

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and then acutely, very generally, produces an exacerbat-  
 ion of the disease. — The appetite is not always impaired, in fact  
 it is most frequently, miserably, increased, the countenance as-  
 suming much the same appearance as in pulmonary Con-  
 sumption. The cheeks are suffused with the hectic blush, the  
 features are sharp, and the exhaustion of the system, in many  
 cases, equally great.

The lips are generally covered with a peculiar scabby eruption  
 and occasionally an eruption appears about the mouth and  
 fauces, accompanied by a soreness extending along the course  
 of the alimentary canal, producing the symptoms of that dis-  
 ease called chronic Thrush, which, in my opinion, is very  
 often connected with the irritation of the stomach under  
 consideration, or in other words, an aggravated form of this  
 disease. This opinion I am led to adopt, not only from the  
 appearance of inflammation, revealed by dissection in some  
 cases, but also having observed these symptoms occur some-  
 times during the existence of this disease, from some cause  
 tending to increase the irritation, and inflammation of  
 the stomach.

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the other side of the river, the water is  
 so shallow that it is impossible to cross, the  
 only way is by a bridge -

It is this and several other European officials, as  
 we have already mentioned, that we are now going to  
 discuss. It is consequently possible that we may find  
 something very interesting. The discovery of the  
 water holes to be compared, as I say, to the water  
 holes of the palm trees, I shall therefore  
 mention the most interesting differences, between the  
 two.

It is to be seen from the above that  
 the water holes of the palm trees are  
 situated in the same place, but the  
 water is not so pure as the water of the  
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are the most proper. There should be copying & time  
to produce one or two, sometimes, daily. When these  
are insufficient to overcome the coactive habit, more  
numerous articles, should be employed.

includes - those which properly employ the spirit of  
utilitarianism. Then examine the irritating contents  
of the stomach, <sup>(which)</sup> if retained, would produce very dangerous  
effects - the irritation of the stomach - and  
now should never be neglected. Here, as we before con-  
sidered, the collection of irritating matter in the stomach  
is the cause of the disease, and when this produced  
the disease is the result. The remedy is to employ the mor-  
bid condition of any organ - the effect of the mor-  
bid effects is emitting to be resorted solely to this course  
alone this produces, on the contrary, I am persuaded,  
more benefit, is derived from the peculiar impurities  
produced by them, on the stomach, which is more or  
less inconsistent with its diseased action  
The vomiting in this case should be gently, for  
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posedly required and therefore they must  
must be considered in the same way  
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And thus remains prove undecid-  
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Even if in the plan of treatment we have re-  
solved to succeed in removing the disease;  
it is, I think, of great importance to resort  
to a slight emaciating measure, in order to  
destroy the predisposition, the system, to  
the disease, which frequently recurs,  
and is furthered by the slightest causes excite into  
actions.

As cooperating with these remedies, a very  
careful attention to the diet and exercise  
of the patient, should be used. The diet  
should be of the lightest kind, every thing of  
a stimulating nature or hard of digestion,  
should be avoided. Milk with some one of the  
fermenting articles will constitute the most  
proper diet. The drink should be pure water.  
Fermented and spirituous liquors should be care-  
fully avoided. There is perhaps one exception - one  
exception to this practice, that is, when the patient  
is here in the point of using the medicine, &c.  
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very freely. In this case, as in all others, if the patient is not allowed his usual stimulating, or some substitute, very dangerous consequences may result.

The Dress should be adapted particularly to the changes of weather. Flannel should be worn next the skin both winter and summer, by it the cutaneous vessels are stimulated, producing a constant determination to the surface, which cannot fail to be of the utmost importance.

In addition to these exercise accommodations to the strength of the system should never be neglected.

Now then Gentlemen - I finish this very imperfect sketch of the very important disease before us, of its many defects, I am fully conscious, and therefore present it to your consideration, with the utmost diffidence and anxiety, my anxiety would be even be greater than it now

*[Faint, illegible handwriting in cursive script, likely bleed-through from the reverse side of the page.]*

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It, were I not convinced of the candour, and liberality, of that body, to whom it is submitted, and from whom, I am confident, every reasonable indulgence, will be obtained.

All that now remains, is for me to present to you, my sincere thanks, for the benefit I have derived from your several lectures.

May your very successful exertions, continue <sup>without</sup> to that honour on our country, which they have heretofore done, May the school which you now support, continue to shed its fertile rays, not only to our own country <sup>but to the remotest</sup> ~~to all nations~~ parts of the earth. May your long, illustrious, and happy, whilst your talents, zeal & industry are objects of imitation, all over the world.

*[Faint, illegible handwriting on lined paper, likely bleed-through from the reverse side.]*

*An*